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Zig Zag Arm Warmers

with
SIMPLY SOFT[®]
and
SIMPLY SOFT[®]
Brites

designed by Lisa Gonzalez



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TECHNIQUE USED: Crochet

 **Printer Friendly PDF**



EASY

FINISHED MEASUREMENTS

One arm warmer measures approximately 7"/18 cm circumference (at wrist) x 18"/45.5 cm long

MATERIALS

Caron International's Simply Soft (100% acrylic; 6 oz/170 g, 315 yds/288 m skein):

#9703 Bone (A), 1 skein

#9738 Violet (B), 1 skein

#9722 Plum Wine (C), 1 skein

Caron International's Simply Soft Brites (100% acrylic; 5 oz/142 g, 350 yds/320 m):

#9611 Rose Violet (D), 1 skein

One crochet hook size US H-8 (5 mm), or size to obtain gauge

One crochet hook size US I-9 (5.5 mm)

One crochet hook size US J-10 (6 mm)

Stitch marker

Yarn needle

GAUGE

In zigzag pattern, using US H-8 (5 mm) hook, 8 zigzags = 7"/18cm and 12

1/2 rows = 4"/10cm.

STITCHES USED

Chain (ch)

Single crochet (sc)

ARM WARMER

With A and H-8 (5 mm) hook, ch 55.

Row 1 (RS): Sc in second ch from hook and in next ch, 3 sc in next ch, sc in next 2 ch, *skip next 2 ch, sc in next 2 ch, 3 sc in next ch, sc in next 2 ch; repeat from * across, turn—8 zigzags.

Row 2: Ch 1, skip first sc, sc in next 2 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 3 sc, sc in next sc, skip next sc, sc in last sc; change to B in last st.

Rows 3–13: Repeat Row 2 working in color sequence of: 2 rows with B, 1 row with A, 2 rows with D, 1 row with A, 2 rows with C, 3 rows with A.

Rows 14–24: Repeat Row 2, working color sequence one more time.

Change to I-9 (5.5 mm) hook.

Rows 25–35: Repeat Row 2, working color sequence once; change to B in last st of last row.

Shape Arm Warmers

Row 36 (increase row): With B, ch 1, sc in first 3 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 3 sc, sc in last 3 sc, turn—58 sc.

Row 37: With B, ch 1, skip first sc, sc in next 3 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 4 sc, sc in next 2 sc, skip next sc, sc in last sc, turn; change to A in last st.

Row 38 (increase row): With A, ch 1, sc in first 4 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 4 sc, sc in last 4 sc, turn; change to D in last st—60 sc.

Row 39 (increase row): With D, ch 1, sc in first 5 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 5 sc, sc in last 5 sc, turn—62 sc.

Row 40: With D, ch 1, skip first sc, sc in next 5 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 6 sc, sc in next 4 sc, skip next sc, sc in last sc, turn; change to A in last st.

Row 41 (increase row): With A, ch 1, sc in first 6 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 6 sc, sc in last 6 sc, turn; change to C in last st—64 sc.

Rows 42 and 43: With C, ch 1, skip first sc, sc in next 6 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 7 sc, sc in next 5 sc, skip next sc, sc in last sc, turn; change to A in last st of Row 43.

Rows 44–46: With A, ch 1, skip first sc, sc in next 6 sc, 3 sc in next sc, *sc in next 2 sc, skip next 2 sc, sc in next 2 sc, 3 sc in next sc; repeat from * to last 7 sc, sc in next 5 sc, skip next sc, sc in last sc, turn; change to B in last

st of Row 46.

Change to J-10 (6 mm) hook.

Rows 47–57: Repeat last row, working color sequence once.

Fasten off.

FINISHING

Fold arm warmers vertically with WS facing and sew or crochet long edges together to form a tube. Turn right side out. Using yarn needle, weave in ends.

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